



## North America Chinese Association for Nutrition

北美华人营养学会 *Nutrition for a Healthy Life*

### Announcement

#### Frontier Nutrition for Health Webinar Series

September 23, 2022

To all NACAN members and friends

Dear colleagues and friends:



We are pleased to continue Frontier Nutrition for Health Webinar series that North America Chinese Association for Nutrition (NACAN) presents in 2022. This year, our webinar series will focus on exercise nutrition. Dr. James White at the Department of Medicine, Duke University is our first speaker and will present his exciting research findings on liver-muscle crosstalk. Below, you will find detailed information about this webinar, the web link, the speaker introduction, and the abstract.

**Activity:** Webinar North America Chinese Association for Nutrition (NACAN) in 2022

**Title:** Liver-muscle crosstalk during caloric restriction enhances skeletal muscle Resilience

**Speaker:** James White, PhD

**Time:** 10:00 to 11:00 AM (Eastern Daylight Time)

**Date:** Thursday, October 06, 2022

**Webinar link:**

[Join Zoom Meeting](#)

Meeting ID: 868 6174 7188

Passcode: 912280

**Speaker information:** Dr. White is an Assistant Professor in the Department of Medicine, Duke University. Dr. White obtained his Ph.D. in Applied Physiology from the University of South Carolina in 2010. He completed his postdoctoral training at Harvard Medical School, and Dana-Farber Cancer Institute in 2014. Dr. White joined Duke University in 2016 as an Assistant Professor. His research is focused on muscle stem cell fate and function with respect to aging, and epigenetics regulations across tissues during aging. Dr. White's current research is supported by multiple-NIH grants.

#### Learning objectives

Upon the completion of the webinar, attendees should be able to

1. Understand the benefits of caloric restriction on human health.
2. Build up a general understanding of Brain-liver crosstalk in nutrient metabolism under caloric restriction.

3. Master the concept of skeletal muscle resilience.

This is a free event organized and offered by the NACAN. Any use of the content of this webinar in part or whole should be approved by the NACAN.

This webinar provides 1 CEU for Registered dietitians. To earn continuous education credit, please register by sending an email to [nacan\\_CPE@outlook.com](mailto:nacan_CPE@outlook.com).

If you have any questions, please send an email to [nacanmembership@gmail.com](mailto:nacanmembership@gmail.com). We look forward to meeting you at the webinar!

Sincerely yours

Linglin Xie, MD, PhD  
Chair of NACAN Scientific Program

Yang Li, Ph.D., RD  
Director of CPE

Chaodong Wu, PhD  
President of NACAN 2022-2023